

Any further questions?

Please feel free to ask your physiotherapy team if you have any further questions!

Your physiotherapist is

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Premier
Orthopaedic
Pathway

Contact details

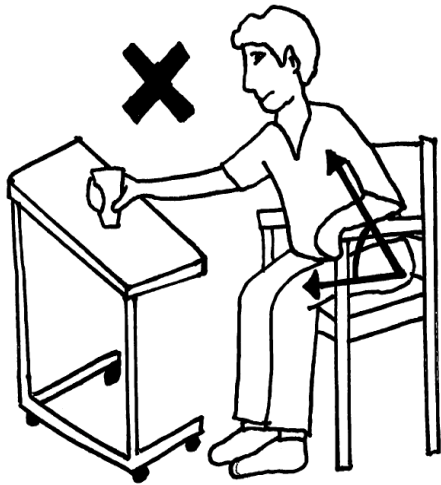
Physiotherapy department
Royal Free Hospital
Pond Street
London NW3 2QG

Tel: 020 7794 0500

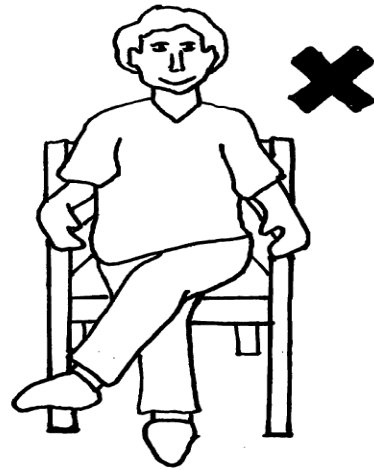
Extension: 35284 (in-patient orthopaedics)
34059 (out-patient department)

**Physiotherapy:
Simplified hip precautions**

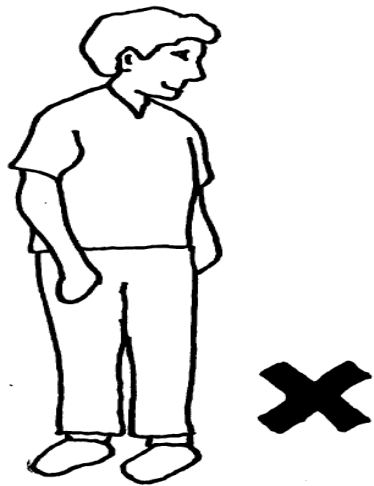
If you would like a large print or audio version of this information, please ask a member of staff.



DO NOT
bend your hip



DO NOT
cross your legs



DO NOT
twist your hip