

Lee Index

Questions	Answers			Total score
	Yes, with no difficulty*	Yes, but with difficulty, e.g., pain, weakness, or stiffness**	No***	
1. Can you turn your head from side to side?				
2. Can you comb your hair (at the back of your head)?				
3. Can you close drawers (with arms only)?				
4. Can you open doors?				
5. Can you lift a full teapot?				
6. Can you lift a cup with one hand to drink from it?				
7. Can you turn a key in a lock?				
8. Can you cut meat with a knife?				
9. Can you butter bread?				
10. Can you wind a watch?				
11. Can you walk?				
12. Can you walk without (a) Someone's help? (b) Crutches? (c) A walking stick?				
13. Can you walk up a flight of stairs?				
14. Can you walk down a flight of stairs?				
15. Can you stand up with your knees straight?				
16. Can you stand on your toes?				
17. Can you bend down to pick something up off the floor?				
Total score				

*Yes, with no difficulty: 0

**Yes, but with difficulty, e.g., pain, weakness, or stiffness: 1

***No: 2