

The Danish Prostate Symptom Score. Adapted from Hansen et al.

Each question allows the patient to choose one of four answers.

For each question the patient scores 0–3 for severity of symptoms (A) and 0–3 for the degree of bother (B).

1A Hesitancy: Do you have to wait for urination to start?

Answers: 0 No; 1 Rarely; 2 Daily; 3 Every time

1B If you have to wait to start urination, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

2A Weak stream: Do you consider your urinary stream as:

Answers: 0 Normal; 1 Weak; 2 Very weak; 3 Dribbling

2B If your stream is weak or dribbling, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

3A Incomplete emptying: Do you feel you empty your bladder completely?

Answers: 0 Always; 1 Occasionally; 2 Rarely; 3 Never

3B If you feel that you do not empty your bladder completely, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

4A Straining: Do you have to strain to start and/or maintain urination?

Answers: 0 No; 1 Rarely; 2 Daily; 3 Always

4B If you have to strain, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

5A Daytime frequency: What is the longest interval between each urination, from when you wake up until you go to bed?

Answers: 0 More than 3 h; 1 2–3 h; 2 1–2 h; 3 Less than 1 h

5B Do you consider your frequency of urination a problem?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

6A Nocturia: How many times do you have to urinate during the night?

Answers: 0 None; 1 One to two times; 2 Three to four times; 3 Five times or more

6B If you have to urinate during the night, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

7A Urge: Do you experience an imperative (strong) urge to urinate?

Answers: 0 Never; 1 Rarely; 2 Daily; 3 Always

7B If you have an imperative (strong) urge to urinate, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

8A Urge incontinence: Is the urge to urinate so strong that urine starts to flow before you reach the toilet?

Answers: 0 Never; 1 Rarely; 2 Daily; 3 Every time

8B If the urge to urinate is so strong that urine starts to flow before you reach the toilet, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

9A Dysuria: Do you feel pain or have a burning feeling when you urinate?

Answers: 0 Never; 1 Rarely; 2 Daily; 3 Always

9B If it hurts or burns when you urinate, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

10A Post-micturition dribbling: Do you experience dribbling after voiding, when you feel you have finished

urination?

Answers: 0 Never; 1 In the toilet; 2 Small amounts in the trousers; 3 Large amounts in the trousers

10B If you experience dribbling after voiding, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

11A Stress incontinence: Do you experience leakage of urine when physically active (e.g. lifting, sneezing, coughing)?

Answers: 0 Never; 1 Rarely; 2 Often; 3 Always

11B If you experience urinary leakage when physically active, is this a problem for you?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem

12A Overflow/weeping incontinence: Do you experience leakage of urine without urge or physical activity?

Answers: 0 Never; 1 Rarely; 2 Often; 3 Always

12B If you experience urinary leakage without urge or physical activity, do you consider this a problem?

Answers: 0 No problem; 1 Small problem; 2 Moderate problem; 3 Major problem