



# ARTHRITIS ASSESSMENT

DIAGNOSIS/DATE OF ONSET										Patient Identification		
RA:	AS:	OTHER			Source	Request Date					7 = Independent 4 = Limited 2 = Dependent 0 = Not Able	
OSTEO:	JRA:											
ARA CLASSES												
I		II		III		IV						
Date:												
Initial:												
DAILY LIVING SKILLS	Feeding Skills											
	Dress Upper Body											
	Dress Lower Body											
	Grooming											
	Care of Perineum											
	Wash or Bathe											
	Vocational Activities											
Subtotal:										/44	/44	
MOBILITY	Supine to Sitting											
	Sitting to Standing											
	Transfer, Toilet											
	Transfer, Tub											
	Transfer, Automobile											
	Walk on Level/50 Yards											
	Walk Outdoors											
	Up & Down Stairs/5											
	Wheelchair/10 Yards											
Subtotal:										/56	/56	
Total:										/100	/100	

CRITERIA FOR ARTHRITIS ASSESSMENT

ARA CLASSES

- I Performs all usual activities without handicaps.
- II Performs adequately for normal activities despite discomfort occasionally in one or more joints.
- III Limited to little or no activities or usual occupation or self-care.
- IV Largely or wholly incapacitated. Bedridden or confined to wheelchair. Little or no self care.

GENERAL GUIDELINES

- (7) Activity completed under ordinary circumstances, without modification and within appropriate time.
- (4) Activity completed with prior preparation or under special or modified circumstances or with assistive devices or aids or within a reasonable time.
- (2) Activity completed only with partial help or assistance.
- (0) Patient is unable to assist, is totally dependent, or the activity is not performed?

Score according to patient's performance during past 7 days.

